

LEG PAIN AT NIGHT

Posted by ichikirei702 - 15 Dec 2012 10:09



1) DOES ANYONE GET TREMENDOUS LEG PAIN AND FOOT PAIN (AS IF YOU HAD WALKED OVER ROCKS OR COLD AS IF YOU HAD WALKED IN SNOW) THAT STARTS AS SOON AS YOU LAY DOWN? I FEEL AS IF I AM ACHING FROM WALKING FOR MILES OVER HARD GROUND

2) DO YOU HAVE HIGH BLOOD SERUM ACE?

3) DO YOU GET PRESSURE UP YOUR SPINE INTO YOUR HEAD (WORST UPON WAKENING) THAT GIVES YOU INTENSE VERTIGO WHERE YOU IMMEDIATELY NEED TO GRAB ONTO SOMETHING TO "GET YOUR GROUND"?

4) DOES ANYONE KNOW OF AN AA SPECIALIST IN CA OR NV OR AZ?

I WOULD APPRECIATE ANY! REPLY! THANK YOU!

PS IM UP ALL NIGHT SUFFERING IN PAIN UNTIL I EVENTUALLY PASS OUT IN EXHAUSTION... AND I GO TO A PAIN MANAGEMENT DR....

=====

Re: LEG PAIN AT NIGHT

Posted by gmak - 16 Dec 2012 04:03

Im so sorry! And i hate that response but i can feel your pain! I have numb feet, bit its patchy. It is numb, to me that means cold b/c thats the only other time i have ever felt this. It feels like i am walking on pebbles ALL the time & 3-4 times it felt on soles of my feet like i was standing on a concrete floor & had been for hours, but, my feet were not touching anything at all! Also, wake with headache& it feels like a spike (like they put thru Jesus' hands & feet) has been hammered into bottom of skull thru to forehead. Wont stop, bp goes up too. Feet went completely numb & i grabbed the wall, bed, the few times it happened. I feel like im just complaining but i wanted you to know i "get" ehat you are saying. Hope that by the time you read this you are MUCHbetter! We cant lose hope! Thanks, gmak

=====

Re: LEG PAIN AT NIGHT

Posted by gmak - 07 Jan 2013 19:10

Dear ichikerei, Since winter began here my legs feel like they are SO COLD! aching, numb but warm to touch!! Its horrid, scary. Does anyone know of an arach dr anywhere? Oh im sorry that you are suffering too! How are you now? Does you pm dr even acknowledge aa? Please let me know i will check site daily to see if you have been here. Thanks, i hope we can help each other even if its just to be here to listen.

=====

Re: LEG PAIN AT NIGHT

Posted by gmak - 29 Jan 2013 00:23

Yes, ichikeiri, i feel that cramps & the headaches right now. How are you doing? I take max dose of lyrica but cant tell that its working. Have you ever had vibrating in your back or chest, face?

=====