

## Question for the Doctor

Posted by Becky - 27 Feb 2006 22:55

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Hello, I am a new member and I am looking for answers to my recent diagnoses. First of all I had a laminectomy in 1994, everything has been fine for all these years until March of 2004. I started doing some reach for the sky excersize, then instantly I had pain. Went to my GP and he tried to treat me but could not. He sent me to an Ortho, which did an MRI and dx me with Degenerative disc disease L-4 L-5. This is where I also had my surgery years ago.I had my first epidural which was done in the office with me laying on my side. It was so painful and felt like someone was standing on my back. I ended up going to ER that wknd because I could not walk. Nothing was mentioned about this by the Ortho. A few months later he did it again this time we did it at the near surgery center.This was a far better injection with no pain. I ended up going to the original ortho that did my surgery to get his advise, once again I had another epidural, this time he ended up puncturing my dura sack, I had an instant headache when I raised my head. He attempted to do a blood patch, well that did not go well at all and we ended up not doing it because he could not get the needle in there since there was so much blockage and it was horribly painful.Maybe he should not have even tried doing that epidural to begin with huh? exactly one week later, I woke up with a horrible headache, went to work had it all day. When I got home I started vomiting horribly, and I could not stop, I couldn't even lift my head, so I was laying in all of this vomit oh boy. My boyfriend came over and called 911. They did every test there was.I was in there for 5 days still had the headache and vomiting.The ortho, nuerologist, and my own GP were all acting funny, you could tell they were all hiding something.Since they could not find anything the neurologist asked me if I wanted him to do a spinal tap. That was the only test left. I refused and went home the next day. I was off work for 2 weeks and was very sick.

After all of that they recommended me to see the surgeon, he ordered a discogram which could not be done, the Pain Managment Dr preforming the procedure said I was in horrible pain and he could not get the needle in. After all of this I was recommended to see a pain managment doc. I went to the Dr who tried to do the procedure, He put me on meds and wanted to do a caudal epidural, which I agreed to.It went fine but I did not find any relief.While he was doing this injection he injected dye so he could see why he could not do the discogram.I needed my FMLA paper work filled out and this is when he dx me with arachnoiditis. Never discussed it with me. I had to learn everything from the internet. I do have an appt with him on march 14, and I want some answers. The pain meds do not work right and they make me feel like I am a druggy in this horrible pain I would not wish on anyone. Maybe the DR who did it. Do you know Doc Sarah, when and how I got this? This has been such a horrible experience, whats next? I would appreciate any advise.

Thanks for listening

Becky

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## Re:Question for the Doctor

Posted by Kim - 11 Apr 2007 19:36

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Hi Becky

Just wanted to know how you got on with appointment last month. Any more answers?

Bye for now

Kim



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## ReDo you recommend a pain SQuestion for the Doctor

Posted by nicoletti - 08 May 2007 11:31

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Hello Dr., Do you recommend a pain specialist or an internal medicine dr. for pharmacological management? We have a wonderful internist with a specialty in pharmacology local. The closest pain docs are in Lewiston, Idaho about 3 hrs from my home. The drive is terrible on my pain. It takes me 3-4 days to recover. Thank You for your time. Nicoletti.

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## Re:ReDo you recommend a pain SQuestion for the Doctor

Posted by DocSarah - 15 Aug 2007 20:18

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sorry, I have been away for a long while from the forum.

The only doctor I know of who sees arach. patients is Prof Antonio Aldrete in Florida

Hope this helps,

Regards,

DocSarah

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