

## Website

Posted by Kim - 27 Oct 2006 21:27

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Had the lovely Jamie here tonight and he has helped to update the Front page with two new articles I have had from DocSarah.

You wont have to rely on my health anymore as Jamie will be doing this for us in future.

The Doc has gone back into Doctor speak in her latest article and you can expect a revised edition next week:evil: It will include an explanation of what Contextual CBT is, oh please Doc:blink: 🙄  
She knows what Volcano's over Liverpool means - plain English please.

Long Day and Longer night, folks

Bye for now

Kim

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