

Spine Med traction

Posted by nicoletti - 19 Feb 2008 06:13

Has anyone had treatment for discogenic pain which is non surgical. The therapy is called IDD or spine med. It supposedly puts the disc prolapse in proper placement through traction, heat and massage? My G.P suggested it do help with the pain related directly to the discs. I had 3 treatments and my leg or thigh pain to be exact, became better. After each session you see the physical therapist to ice or treat any other problems. I made a bad call when I asked her to treat my chronic bursitis with massage and ultrasound. The day after the first treatment my pain shot up from a 5 to a 9!! I tried to tell her that everything that she does must be gentle!! I could hardly walk for three days. You see the trochanteric bursitis is in the same area where my referred pain surfaces, my left hip! I did notice improvement for the bursitis, but you can't treat one problem without causing the arachnoiditis to heat up! Thank you!

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Re:Spine Med traction

Posted by helen - 21 Feb 2008 21:57

My mother had traction many years ago for disc problems and it did work, however she didn't have arach, so I'm not surprised to hear it caused a flare up - I would imagine anything that causes more pressure could be a problem. I wish you well.

Helen

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Re:Spine Med traction

Posted by Kim - 29 Feb 2008 16:55

Hi Nicolette

Sory it's taken a while to reply, computer problems and eyes again.

I did try traction many years ago and wish I had persevered. I agree 'Wholistic' treatments have to take all conditions into account.

Have to go and make an announcement now about my latest disappearing act.

Bye for now

Kim

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