

## DIZZYNESS

Posted by helen - 15 Jan 2009 13:24

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Dear Doc Sara

I have been experiencing dizziness with my back/shoulder spasms for approx 3 months. Please can you tell me if this will subside with time? My symptoms have steadily progressed up my spine.

Would appreciate your thoughts.

Many thanks Helen

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## Re:DIZZYNESS

Posted by Kim - 11 Feb 2009 18:17

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OK Helen

None medical answer. Yes it is quite common and can persist. It can also be affected by weather, something to do with the pressures. It can disappear just as easily. No one seems to know why and as Ann as I would say it is just - because it can-

Bye for now

Kim

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## Re:DIZZYNESS

Posted by DocSarah - 25 Feb 2009 16:01

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Hi Helen,

sorry, late in my reply!

you should get this checked out...sorry I simply can't tell from a distance what is going on with you.

symptoms getting more widespread doesn't necessarily mean the arach is spreading, it is common for anyone with chronic pain to have a sort of 'domino effect' as time goes on, with symptoms starting to affect things like dizziness, sweating, tolerance of bright light, loud noises etc and even how people metabolise sugary foods.

Hope this helps,

Take care

DocSarah

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## Re:DIZZYNESS

Posted by helen - 26 Feb 2009 12:22

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Dear Doc

Thanks for your reply. My blood pressure was checked and is ok. I saw an NHS neurologist recently, but he thought having further tests would be too distressing and recommended CBT, which I've never been able to get in the past. I am worried though that my present condition has not been assessed, especially as I have been refused Disability Living Allowance. I could go down the private route - do you think that would be wise?

Regards Helen

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