

Timely, appropriate and ongoing intervention for patients with chronic pain offers optimal patient care and reduces, in the longer term, the financial burden on the NHS and welfare state.

Using evidence-based methods and using high quality staff skills and training, improvements may be made and sustained, in patient quality of life, activity, independence and mood.

The CPTT model, based on the currently used and effective CMHT, offers a potential method of achieving those objectives.

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