

Painful bladder or rectal spasms may occur in some conditions.

For painful bladder spasms, non-steroidal anti-inflammatory drugs may be helpful due to the possible role that prostaglandins play in bladder muscle contraction.

Painful rectal spasms may respond to **diltiazem**, a calcium channel blocker that reduces smooth-muscle contraction, which has been effective in the management of proctalgia fugax(shooting pains in the rectum). ([\[1\]](#))

Chlorpromazine(a neuroleptic) ([\[2\]](#)), and benzodiazepines ([\[3\]](#)) have also been used and their efficacy noted anecdotally.

[\[1\]](#) Castell DO. *American Journal of Cardiology*. 1985; 55: 210B-213B Calcium blocking agents for gastrointestinal disorders.

[\[2\]](#) Twycross R G, Lack S A. 1984 Symptom control in far-advanced cancer: Pain Relief. Pitman, London.

[\[3\]](#) Hanks G W. 1984 Psychotropic drugs. *Clinics in Oncology*; 3:135-151.