In Aldrete's survey, he found that 5% of his respondents suffered from pruritus. Most itching is worst at night, and may thus disturb sleep.

Certain autoimmune and neurological disorders may cause this type of problem. Drug treatment may also be the cause.

Neurogenic pruritus has been noted in conditions such as Multiple Sclerosis and stroke. It has also been seen in patients with Systemic Lupus Erythematosus. (SLE).

Drug-induced itching: commonly seen with: Opiates, CNS stimulants/depressants.

Allergies may also be implicated: sensitivity to a variety of drugs seems to occur in some arachnoiditis patients